**PLEASE PRINT AND BRING THIS COMPLETED FORM WITH YOU ON THE DAY OF SCREENING**

Company Code

**NIENTU CO-PAYMENT TERMS**

#### Health Screening for ntu employees

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| --- |
| **Personal Particulars** |
| [Name]       | Sch/Dept       |
|        |        |   |
| [Contact No.]       | [Email]       |
| **Instructions to Staff/Employee** |

For health screening appointment, please visit our website at [www.parkwayshenton.com](http://www.parkwayshenton.com), for online booking or alternatively, please contact or email the Screeners (indicating Full Name, NRIC no., Date of Birth, Gender, Contact Details & First & Second Preferred Dates) at:

|  |  |
| --- | --- |
| **Executive Health Screeners (The Arcade)** 11 Collyer Quay, # 18-01, Singapore 049317Tel: 6507 9717 E-mail: eac@parkwayshenton.com  | **Executive Health Screeners (Paragon)** 290 Orchard Road, #07-07/08, Singapore 238859Tel: 6238 8238 E-mail: epa@parkwayshenton.com  |
| **Executive Health Screeners (Parkway East Hospital)** 321 Joo Chiat Place, Level One, Singapore 427990Tel: 6340 8728 E-mail: ees@parkwayshenton.com  |  |

**Pre-Screening Preparations**

1. Please bring along your staff card & NRIC for the health screen appointment.
2. As some tests require you to be fasted (e.g. blood test and ultrasound abdomen), please abstain from food and drinks for at least 10 hours before your scheduled appointment. Sips of plain water are allowed.
3. Please do not take medicine or insulin for diabetes in the morning of the scheduled appointment.
4. Regular medicine for high blood pressure and heart can be continued.
5. Please bring your past medical reports, films and medications.
6. As we will be testing your vision, please bring your glasses for distant and near vision tests. Please do not put on your contact lenses on the day of appointment.
7. For your comfort and convenience of medical examination, it is preferable to wear a two-piece outfit.
8. If you are undergoing the Cardiac Treadmill Stress ECG test, you may bring your sports attire.
9. Containers will be provided for collection of urine and stool specimens on the day of screening.
10. (For ladies only) Urine, stool and Pap smear tests are preferably done at least 5 days before the start of menstruation or 5 days after the end of menstruation.

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| --- | --- | --- |
| Signature of Employee Attending Health Screening |  | Date |

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| --- |
| **Instructions to Clinic** |

Please perform the following screening:

|  |  |  |
| --- | --- | --- |
| [ ]  | **NTU Corporate Health Scan (\*EHS01)** | **SGD 170 (excluding GST)** |
|  | **Optional Add-On Individual Test**  | (NTU Healthy Lifestyle Programme subsidizes $40, Staff pays $130.00) |
|  |  |  |
| [ ]  | **Mammogram (\*XRMAM)** SGD 100 | **SGD 100 (excluding GST)**  |
|  |  | **(NTU Healthy Lifestyle Programme subsidizes $20, Staff pays $80.00)** |
|  |  |  |
| [ ]  | **Mammogram & Ultrasound Breasts** SGD 130 | **SGD 130 (excluding GST)**  |
|  | **(\*USBM)** | **(NTU Healthy Lifestyle Programme subsidizes $30, Staff pays $100.00)** |
|  |  |  |
| [ ]  | **Ultrasound Pelvis (\*USP) SGD 105** | **SGD 105 (excluding GST)** |
|  |  | **(NTU Healthy Lifestyle Programme subsidizes $20, Staff pays $85.00)** |

**For enquires, please contact:**

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NTU Healthy Lifestyle Programme

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