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Scientists demonstrate that some tropical plants have potential to remove toxic heavy metals from the soil

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Source:	Nanyang Technological University
Summary:	A team of researchers has demonstrated that some plant species could help to remove toxic heavy metals and metalloids from contaminated soil.
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FULL STORY

A team of researchers from Nanyang Technological University, Singapore (NTU Singapore) and Singapore's National Parks Board (NParks), has demonstrated that some plant species could help to remove toxic heavy metals and metalloids from contaminated soil.

Phytoremediation is the use of plants to extract and store contaminants from soil. As a first step to determine if candidate plants had phytoremediation abilities, the team examined samples of them for levels of heavy metals and metalloids. A high concentration detected suggested an ability to absorb the pollutants.

The study by the Singapore research team discovered that there are existing tropical plants which could potentially play a role in the remediation of contaminated lands. The plants examined in the study are widely available and include species that are native or naturalised to Singapore. They could thus, be introduced and removed from plots of land with minimal impact to ecosystems and could lead to the development of a sustainable and environmentally friendly way of managing contaminants in soil.

The findings were published in the scientific peer-reviewed journal Environmental Pollution in February.

Professor Lam Yeng Ming, Chair of NTU's School of Materials Science and Engineering, who co-led the study, said: "In a small nation like Singapore, land may be repurposed to support new development plans, so it is important that we have a green and sustainable way to remediate land that is contaminated. We set out to uncover how to better make use of tropical plants to do phytoremediation and through advanced characterisation techniques, we showed how some of these tropical plant species can be an environmentally friendly and literally a "green" way to remove contaminants in soil. Phytoremediation also has benefits of cost effectiveness, simplicity of management, aesthetic advantages, and long-term applicability and sustainability. The strategy prevents erosion and metal leaching by stabilising or accumulating heavy metals, so that helps reduce the risk of contaminant spread."

The team conducted a field survey and collected soil and plant samples between March 2019 and January 2020. A total of 46 plant species were studied as potential candidates for phytoremediation.

Among them, 12 plant species, which include the commonly seen Cow Grass (*Axonopus compressus*), hyperaccumulators like the Brake Fern (*Pteris vittata*) and the Indian Pennywort (*Centella asiatica*), were effective for the accumulation of several types of heavy metals and metalloids.

The elements investigated in the study were heavy metals and metalloids that are potentially toxic to humans and animals, such as cadmium, arsenic, lead, and chromium. They occur naturally in soils, but rarely at toxic levels. However, they can accumulate and reach higher levels over a long period of time, as heavy metal particles from air pollution (e.g. vehicle emissions, construction activities) tend to accumulate and remain in the top layers of soil.

Other factors that could result in high levels of heavy metals in soil include the use of synthetic products such as pesticides, paints, batteries, industrial waste, and land application of industrial or domestic sludge.

To assess whether the levels of heavy metal were dangerous, the team used the Dutch Standard, which provides values for the acceptable threshold of environmental pollutants in soils. This mode of assessment has also been adopted by Singapore's government agencies.

Associate Professor Tan Swee Ngin, from the Academic Group of Natural Sciences and Science Education at NTU's National Institute of Education, who was the study's co-author, said: "Our results revealed there were regions where levels of heavy metals and metalloids were relatively high and could affect the environment and the health of flora and fauna in Singapore. This would call for preventive actions, such as our method of using plants to remove these toxic materials, to be employed to minimise heavy metal contamination."

The NParks researchers involved in the study are from its Centre for Urban Greenery and Ecology. They include Dr Subhadip Ghosh, Senior Researcher and Mr Mohamed Lokman Mohd Yusof, Senior Research Executive.

The development of this plant-based solution to improve soil quality is part of the University's efforts to mitigate our impact on the environment, that is aligned with the **NTU 2025 strategic plan**, which aims to develop sustainable solutions to address some of humanity's pressing grand challenges.

Team's findings expand potential of environmentally friendly methods

Phytoremediation could serve as a more environmentally friendly alternative to existing industrial options to remove the heavy metals from polluted soil, which include methods such as soil washing and acid leaching. These methods can be costly and may utilise harsh chemicals to remove pollutants from soil.

Heavy machinery to conduct excavation and transportation of soil is also usually required in such processes and these procedures may negatively affect the environment by affecting soil health and fertility. These methods also run a high risk of exposing humans or animals to the heavy metals.

However, phytoremediation is a slow and long-term commitment and requires prudent management in the removal and disposal of the contaminated plant samples. Using different types of efficient plants to carry out phytoremediation in polluted soils, and with enough growth cycles through repeated planting, can ultimately lead to reductions in the level of heavy metals and metalloids in the soil.

The joint research team is currently testing the plants on plots of land in Singapore that have high concentrations of heavy metals to better determine the effectiveness of the plants in an urban setting.

They are also testing the usage of other inorganic particles that are incorporated into plants and that can both help in the plant growth and improve the uptake of these contaminants by the plants. This will reduce the time taken for the absorption of the heavy metals and hence speed up the remediation time.