

— GET ACTIVE —  
**NATIONAL STEPS  
CHALLENGE™**

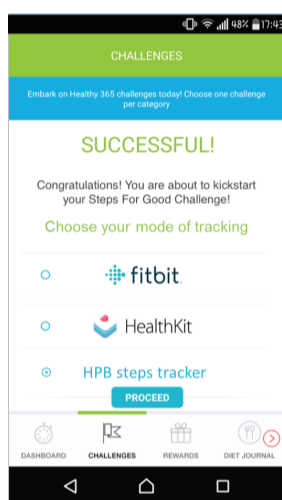


## Step-by-Step Guide: How to set up other steps tracking mode

If you are not using the HPB steps tracker\*, you may choose any of the following steps tracking modes:

- S Health - only available for Android users (Android 4.4Kit Kat and above, and have the S Health app installed on smartphone)
- HealthKit - only available for iOS users (iPhone 5S and above, with iOS 8 and above)
- Other compatible trackers (E.g. Fitbit)

Visit [stepschallenge.sg/corporate-challenge](http://stepschallenge.sg/corporate-challenge) for a full list of compatible steps trackers and how to record and sync your steps if you are a non-smartphone user.

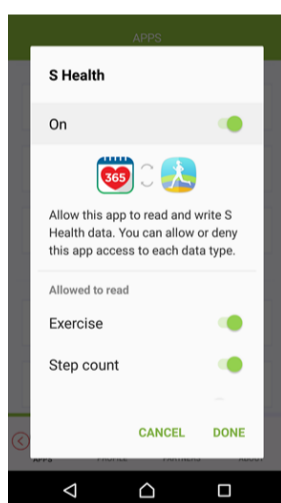


After you have successfully signed up for the Challenge, choose your preferred mode of tracking your steps:

- S Health
- HealthKit
- Other compatible trackers (e.g. Fitbit)

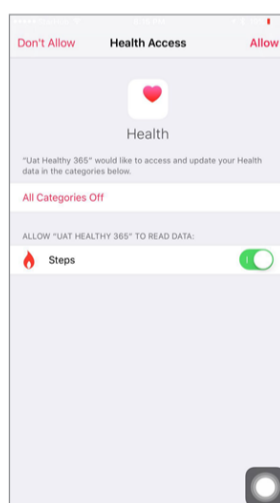
Sync your HPB steps tracker\*, S Health or HealthKit app or other compatible trackers with the Healthy 365 app at least once every 7 days to update your step count and track calories when you take steps every day.

### S Health



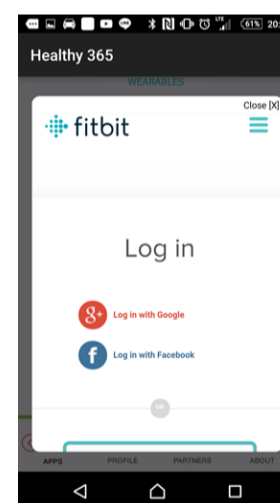
Allow the Healthy 365 app access to the step count data on the S Health app.

### HealthKit



Allow the Healthy 365 app access to the step count data on the HealthKit app.

### Fitbit



Log in to your Fitbit account.

Select your preferred Fitbit activity tracker to allow the Healthy 365 app access to the step count data.

\*Only new participants of the Corporate Challenge are eligible to receive a free HPB steps tracker, available on a first-come-first-served, while stocks last basis. Participants of the National Steps Challenge™ who have previously collected their HPB steps tracker are no longer eligible for another free steps tracker. The Corporate Challenge period is from 14 November 2016 to 28 February 2017. Participants must be an employee of the organisation and at least 18 years old at the point of signing up. All Corporate Challenge participants will also be automatically signed up for the National Steps Challenge™ Season 2. Other terms and conditions apply. For full terms and conditions, please visit [stepschallenge.sg/corporate-challenge](http://stepschallenge.sg/corporate-challenge).

**For enquiries, please call 1800 567 2020 or email us at [stepschallenge@hpb.gov.sg](mailto:stepschallenge@hpb.gov.sg)**



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