

# HEALTH NOTES: Apps designed to improve skin of eczema sufferers could actually be BAD for their health

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Apps designed to improve the skin of Britain's 15 million eczema sufferers could actually be bad for their health.

A study of 98 smartphone apps offering tips to manage symptoms found that a third pushed bogus information unsupported by health watchdogs.

Only 15 per cent of the apps studied by Nanyang Technological University in [Singapore](#) contained information about drug treatments in line with international guidelines, and one in ten failed to mention any of the main therapies recommended by the National Health Service such as moisturisers.



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Eczema is a condition that causes the skin to become itchy, red, dry and cracked (pictured)

Previously, experts have warned that apps may stop people from going for proper skin tests.

Matthew Gass, of the British Association of Dermatologists, said: 'The enormous boom in apps comes with the risk that some will be inaccurate, even unsafe.'