NTU’s GonioPEN makes diagnosing glaucoma a snap

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SINGAPORE (The Straits Times/ANN) – Diagnosing glaucoma can be faster and made more comfortable for patients with a new device developed at the Nanyang Technological University (NTU).

Glaucoma is associated with pressure building up in the eye. If left untreated, damage to the optic nerve can lead to loss of vision and even blindness.

NTU researchers, working with clinicians from the Singapore Eye Research Institute (Seri), came up with a pen-sized camera, which they unveiled yesterday.

The GonioPEN takes images of the eye’s drainage canal, which are then further analysed to help eye specialists with their diagnosis.

There are currently several tests for glaucoma. The most widespread practice involves pressing a glass gonioscope against the eyeball. The specialist then peers through a microscope paired with the lens to make a visual diagnosis.

But this method can cause discomfort to the patient and is time-consuming, often taking up to 15 minutes. As a result, said Assistant Professor Baskaran Mani from Seri, about half of patients who are 40 years old and above choose not to undergo a gonioscopy.
He said three to four per cent – or between 65,000 and 80,000 – of Singaporeans above 40 years are affected by glaucoma, but it is estimated that up to 70 per cent of them remain undiagnosed.

The head of the research team, Associate Professor Murukeshan Matham from NTU, hopes the new technology can be integrated into routine eye checks. He said the device does not require direct contact with the eye and can capture high-resolution images.

Existing camera devices are bulky and often expensive, costing from $33,000 to $158,000, and used solely in research institutions. Gonioscopes, combined with a microscope, can cost up to $16,500.

“While only specialists are currently able to conduct gonioscopies, with the new technology, technicians can perform it with minimal training,” he said.